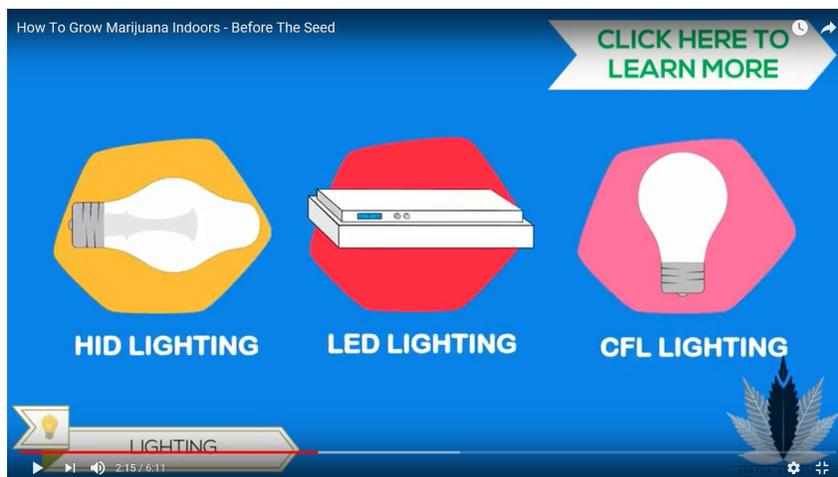




HOW TO GROW MARIJUANA INDOORS: LESSON 1. BEFORE THE SEED...



Hi and welcome to my course on “How to grow marijuana indoors,” brought to you by www.indicainstitute.com. I am your Prof, a Canadian government certified teacher by trade. I’ve designed this course to teach beginner gardeners how to grow their own marijuana indoors. So I hope you enjoy, learn and share.

Visit www.indicainstitute.com, or [subscribe to my YouTube channel](#) to gain access to a growing list of marijuana related courses, tips, and more. In the meantime, I hope you like the video and please remember to like and share!

Hello, and welcome to my course “How to grow indoors”. This is Lesson 1, where I will help you determine all your equipment, space, yield, strain and time considerations before you plant your seeds.

Growing indoors can be as easy or as hard as you want it to be. With this said, it does require space and specialized equipment before you begin to grow, and deciding what suits your needs can be confusing if you’re just starting out.

I’ll review the things to consider before planting your seeds in a minute, but your best bet to help clarify all the complicated equipment stuff is to watch my course “How to build an indoor garden”. This course can be found by [clicking the link, here](#).

Now to start lesson 1 on “How to grow indoors”. This lesson ambitiously tries to cover 5 large topics that could easily take up their own individual courses. Although I intend to skim over these topics mainly because once you purchase the equipment I recommend, you don’t need to worry about any of it in order to grow great plants. As a reminder, you can learn more about these topics by clicking the link here. New content is uploaded weekly. Now let’s get started.

The objectives of this lesson are to get you thinking about your Space, Lighting, Grow Medium, Strain, and Time concerns, before you plant your seeds. The first thing you will need to consider when growing indoors is SPACE.

Consider questions like, Where will you put the plants? Do you have enough space to grow full sized plants of a meter or more? What are the dimensions of the space? And most importantly, Is there enough ventilation and airflow?

These questions are a good start because they will help you determine how big your grow space should be, how many plants you can grow at one time, and the lighting you will need to cover the entire grow area effectively.

Secondly, you will need to choose a lighting setup. Will it be CFL, HID or LED lighting? Your main considerations when choosing your lighting is how much space you have to grow, what size yield you would like, proper ventilation and how much money you’re willing and able to put towards building the space. Consider both set up costs, as well as monthly electricity bills.

A third thing to consider is what medium you will grow your plants in. Will it be soil, hydroponics, or a soilless medium? This can be a pretty simple choice for some, though even within these topics there is a need to know what kind of soil to use, which hydroponic setup is best, or which soilless alternative is the easiest to maintain. If you’re unsure about hydroponics or this is your first time hearing about soilless growing mediums, soil is still a great and natural choice.

A fourth consideration is what strain best suits your needs. Some things to consider when choosing a type of strain are:

Whether they are feminized or not. Unless you buy feminised seeds, only about 50% of your plants will be female and produce buds. Then your female plants will only produce buds if they haven’t been pollinated by your male plants, so keep an eye out for male plants and destroy them immediately.

The size of the space you have to grow should be considered when choosing a strain. Strains can come in short, medium and tall varieties. The last thing you want is to have a plant that grows way too big for your small grow space.

Do you want an Autoflowering strain? Some strains have been trained to autoflower, so there is no need for you to change your lighting schedule in order to prompt the plants flowering cycle.

Are you going to grow different strains in the same grow space? If you are, you need to do some “strain matching”. This means you will need to pair the growing styles of your plants so that they have the same canopy level and don’t overshadow each other.

Lastly, you will want to choose a strain that best suits the goals of your medical or recreational consumption. Are you treating pain? Dealing with ticks? Having trouble sleeping? Or looking for some couchlock? Different strains will cater to each of these situations, so choosing an appropriate strain is important.

The last consideration before planting your seeds is how much time you are willing to put into caring for your plants daily. CFL lighting with a soil grow medium tends to be more time consuming, while an LED light with a hydroponic setup is rather low maintenance. How much time you have to spare daily will have a big impact on your choice of equipment.

So in review, there are 5 main things to consider before planting your seeds. Space, Lighting, Grow Medium, Strain and Time.

For Space you should ask questions like, How much space do you have? What size tent can you fit there, and how many plants can you grow in it?

When considering lighting, How much yield do you want at harvest? Are you concerned about setup costs or electricity bills? Is there enough space for a high wattage light?

For grow medium, Do you want a soil, soilless or hydroponic setup?

As for strain type consider whether you want feminized seeds? Small, Medium or large growth strains? Will you choose an autoflowering strain? Will you be growing different strains in the same space? What will you be using the end product for?

And finally your time. How much time do you have each day to maintenance your plants? Some setups can be time consuming while others can be easy to maintain but expensive.

I want to remind you that this lesson was just an overview of considerations to get you thinking about what you need in order to maximise your chances of a successful harvest. For recommendations on equipment, and explanations for why they are required, [click here](#). Once you have purchased all the recommended equipment, it is time to move to [Lesson 2](#).

I hope you found this lesson of the course “How to grow marijuana indoors” useful. For more marijuana related courses or recommendations on the best products out there for purchase,

visit www.indicainstitute.com or [subscribe to my YouTube channel](#). Please remember to like and share! Click here to skip to the next lesson. And as always, thank you for listening!